

Oncology Massage Therapists in South-Central Maine

These therapists are Maine licensed, are trained to Society for Oncology Massage (S4OM) standards, have in-hospital oncology massage experience and are accepting new clients.

Name Town Practice Location(s)	Telephone E-mail Website	Oncology as % Practice Oncology Hrs. Experience Personal Cancer History
Julie Brown, LMT Gorham Office/Client's Home	207-233-3476 info@juliebrownewellness.com julliebrownewellness.com	20% Onc 200+ hrs Caregiver
Carol Brush, MS, LMT, CNA Harpwell Office/Client's Home	207-522-3296 carolbLMT@gmail.com [Available June to November]	15% Onc. 100+ hrs Survivor
Nancy Callahan, LMT Lewiston Office	207-212-3305 anothernewdaymassage@hotmail.com -none-	25% Onc 200+ hrs Caregiver
Ellen Chapman, LMT Portland Office	207-771-0977 Lhf.ellen@gmail.com -none-	10% Onc 100+ hrs Survivor
Patti Corscaden, LMT, S4OM Newcastle Office/Hospital/Client's Home	207-563-3056 bodyofwaters@gmail.com bodyofwaters.com	90% Onc 800+ hrs None
Lawrence De Hof LMT Windham Office/Client's Home	207-310-8952 ldhof@access4less.net EssentialMassageServices.com	5% Onc 300+ hrs Caregiver
Carolyn Ehringhaus, LMT, NMT Portland Office	207-899-8142 carolyne@maine.rr.com bodytuningmassage.com	5% Onc 300+ hrs None
Abi Griffith, LMT Portland Hospital	203-984-9323 abiloop@yahoo.com -none-	5% 300+ hrs None
Kathleen Hamel, LMT, S4OM Yarmouth Office/Hospital/Client's Home	207-233-7247 kathleen@sanctuaryholistichealth.com www.maine.massagetherapy.com	20% Onc 100+ hours Family
Bruce Hopkins, LMT, S4OM South Portland Hospital/Cancer Community Ctr.	207-831-8067 hopkins@maine.rr.com mettamassagetherapy.com	90% Onc 2500+ hrs Survivor
Betsy Wescott-Keiter, LMT South Portland/Cape Elizabeth Office/Hospital/Client's Home	207-749-9194 bwkeiter@gwi.net -none-	10% Onc. 50+ hrs Family

"I would arrive feeling grim. I left with a smile. It's like a vacation from cancer."

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Name Town Practice Location(s)	Telephone E-mail Website	Oncology as % Practice Oncology Hrs. Experience Personal Cancer History
Bambi Mathay, LMT, S4OM Lewiston - Dempsey Center Hospital	207-795-8250 bambimathay@yahoo.com -none-	100% Onc 10,000+ hrs Caregiver
Carolyn Parker, LMT, S4OM Windham Hospital/Client's Home	207-310-8515 carolynparkerlmt@gmail.com -none-	60% Onc 600+ hrs Survivor
Sue Tesar, RN, LMT, S4OM Topsham Office/Hospital/Client's Home	207-319-4068 sctesar@gmail.com -none-	35% Onc 1000+ hrs None
Sue Timpson, LMT South Portland Office/Hospital	207-671-1197 stimpson@maine.rr.com -done-	5% Onc 100+ hrs None
<u>Allied specialty - Lymphatic Decongestion Therapy</u>		
Gayle Hickok, CDP Cape Elizabeth Office	207-799-3932 positiveresultsk-9rehab@myfairpoint.net -none-	10% Onc 16 yrs Caregiver

*Compiled for the Oncology - Hematology Center at Portland's Mercy Hospital
Forward questions or changes to hopkins@maine.rr.com. (Rev 1/9/2013)*

Please notify us if you wish to be sent periodic updates.

Or check www.mettamassagetherapy.com/reprints/Southern_Maine_Onc_Mass_Therapists.pdf

----- What Do Clients Say? -----

"Oncology massage is proof that sometimes a little less is really a whole lot more."

All through my diagnosis and treatment, the only time someone touched me and it didn't hurt was on the massage table. It was like an oasis in the desert."

"I not only felt relief from the taxing effects of chemo and the debilitating muscle/bone ache, I ended up feeling an overwhelming sense of peace."

"Oncology massage is the ultimate in 'High Touch – Low Tech'. Who else in life will devote a whole hour simply to help you feel better?"

"I have cancer. Cancer is stressful. Stress makes everything which is bad worse. Massage relieves stress. It's that simple."

"I get bogged down with all these big things coming at me. I get on the massage table and everything just melts away."

"Massage has created a sense of well-being. I'm at peace with mastectomy and becoming more so with my body image."

"People don't get it. This is not about pampering. It is about keeping myself in one piece until I'm done with treatment."